



Michelle Woody is a Registered Nurse currently serving as the Director of the Crisis Residential unit with Common Ground located in Pontiac, MI. Michelle has provided behavioral health care in crisis, residential, and inpatient settings and believes behavioral health services should be provided in the least restrictive environment possible with an emphasis on stigma-free, trauma informed care.

As a Behavioral Health RN, Michelle has worked to develop specialized treatment units for those experiencing mental health crisis with developmental disabilities as well as expanding the care provided in the residential setting by promoting a transitional space for those who have been on a locked psychiatric unit. Michelle has been in the medical field for 24 years providing services as a Certified Nursing Assistant, Home Health and Hospice Aide, an LPN, and a Registered Nurse with an associate degree from Schoolcraft College. She is a member of the ANA and APNA. Michelle is currently pursuing her BSN degree at Oakland University.